



## 2021 Youth Outdoor Recreational Modified Rules

July 1, 2021, v1.

**\*\*Unless otherwise outlined in this rule document governing the 2021 Youth Outdoor Season, all FIFA and OS Rules are assumed.**

### Summer 2021 Modified Outdoor Format

	<b>U7/8</b>	<b>U9/10</b>	<b>U11/12</b>	<b>U13 – U15</b>	<b>U16 – U19</b>
<b>Kick In</b>	Yes – pass or dribble	Yes – pass or dribble	Yes	Yes	Yes
<b>Corners</b>	No	Yes	Yes	Yes	Yes
<b>Match Official</b>	Game Leaders	Yes	Yes	Yes	Yes
<b>Retreat Line</b>	½ Way Line	1/3 Way Line	1/3 Field	NO	No
<b># of Players (incl. GK)</b>	5 v 5	7 v 7	7 v 7	7 v 7	7 v 7
<b>Duration</b>	-2 x 20 min halves - 5 Min half-time -15 min practice	-2 x 20 min halves - 5 Min half-time -15 min practice	-2 x 25 min halves -5 min half-time	-2 x 25 min halves -5 min half-time (optional)	2 x 25 min halves -5 min half-time (optional)
<b>Substitutions</b>	On the Fly	On the Fly	On the Fly	On the Fly	On the Fly
<b>Ball Size</b>	3	4	4	5	5

**\*\*Any player that receives treatment for injury with the exception of the goalkeeper ‘must leave’ the field of play.**

### # OF PLAYERS

For U11 and older a team must field no less than 5 players including a goalkeeper at the scheduled kick off time. A 10-min grace period will be given from the scheduled start time in order for a team to field the minimum number of players. Failure to do so will result in a forfeit and score will be determined by the club.

## PLAYERS' EQUIPMENT

Players must wear their assigned uniforms. Suitable footwear that does not pose a danger to the player or anyone else on the field may be worn. The match official will be the one to determine what is suitable for use. Shin guards must be worn and completely covered by the socks.

Absolutely **NO ITEMS OF JEWELRY** shall be worn. Using tape to cover jewelry is not acceptable. Medic alerts must be shown to the match official if worn to ensure that they are secured and safe. Should a player require the use of prescribed glasses, suitable sport goggles are suggested for the safety of the player. Should the player not have sport goggles, the glasses must be secure.

## GAME DURATION (see chart for details)

All games will start promptly as per schedule and will finish 55 mins after the scheduled start time. The match official / game leader will keep the official time and not award any extra time for stoppages.

## KICK OFF, FREE KICKS AND PENALTIES (ball must be stationary for all)

Only 1 player will be in a position to play the ball at kick off at the beginning of each half or after a goal scored by the opposing team. All other players shall be a minimum of 5 metres from the ball which can be kicked and clearly moved in any direction. A goal **MAY NOT** be scored directly from a kick off.

Free kicks and penalty kicks will be awarded and taken in accordance with FIFA laws of the game, with following modifications: Penalty kicks will be taken from the penalty mark or 3 metres above the penalty area line parallel to the goal line. If a penalty kick is awarded before the ref blows for half time or full time it must be completed.

**All other free kicks are indirect.**

Indirect free kicks will be awarded for all infractions except for those that occur inside the penalty area of the team that commits the infraction that the match official deems to be a foul whether intentional or not. These will be penalty kicks and will be the only free kick that is direct.

**A goal cannot be scored directly from an indirect free kick** unless the ball has been kicked and clearly moved by a team mate of the kicker before completely passing through the goal line, either on the ground or in the air and between the goal posts and under the crossbar, as long as no other infraction has occurred.

If the ball touches a player from the opposition before entering the goal legally a goal will be awarded.

Corner kicks are indirect and shall be taken from the place where the goal line and touch line meet closest to where the ball passed over the defending team's goal line last touched by the defending team. **A goal cannot be scored directly from a corner kick.**

All opponents must be 5 metres from the ball for each free kick. No free kick shall be taken from closer than 5 metres from the goal.

### KICK IN

When the ball passes over the touchline whether on the floor or in the air, a kick in will be awarded to the opposition of the team that last touched the ball. All opposition players must be a minimum of 3 metres from the place where the pass in takes place. **A goal cannot be scored directly from a kick in.**

### GOAL KICK

The ball must be stationary for a goal kick. A goal kick is awarded when the ball passes over the goal line and goes between the goal posts last touched by the team attacking that goal. The ball is in play when it is kicked and clearly moves. **A goal cannot be scored directly from a goal kick.**

### RETREAT LINE

For U12 and under the retreat line will be respected on any goal kick or save by the goal keeper where the goal keeper picks up the ball.

- U12 the retreat line will be 1/3rd of the field.
- U8 to U10 the retreat line will be 1/2 the field.

Players from the opposition cannot cross the retreat line until:

- 1) A second player on the kicking team touches the ball.
- 2) The ball crosses the retreat line.
- 3) The ball goes out of play.

The ball must leave the penalty area to be in play, failure to do this will result in a retake. If the goalkeeper touches the ball a second time after it is in play before being touched by anyone else, a free kick will be awarded to the opposition.

If a second player deliberately delays touching the ball, the match official can say "ball in play"

if they feel this is tactical. If the opposing team crosses the retreat line and gains an advantage by touching the ball or interfering with a player before the kicking team can successfully touch it, the goal kick shall be retaken.

### CAUTIONS AND DISMISSALS (U11+ ONLY)

Cautions will be as per normal outdoor regulations and must be reported online.

Dismissals will also be as per normal outdoor regulations and must be reported online with the exception of a 5 min max for the team with the player dismissed to play a player less.

A player that receives a second yellow card in the same game will no longer be able to participate in that game, however the team will be able to replace the player after a 2-minute penalty has been served.

Straight red card offenses will be handled in a similar way whereas the team of the player receiving the red card will serve a 5-minute penalty regardless of events on the field of play and will no longer take part in that game.

**\*\*As this is only a modified summer program match officials are to use warnings where possible and only caution or dismiss when absolutely no other option exists.**

### PENALTY AREA

There will be an area in front of the goals called penalty area. If a deliberate handball by the defending team occurs within its own penalty area, a penalty will be given from 3 metres from the edge of the penalty area parallel to the goal line or the penalty mark if present.

### SUBSTITUTIONS

Substitutions will be **on the fly for all ages** and the match official does not have to be informed. Players should come off and on at their technical area. **Substitution of the goal keeper must be made at a stoppage in play.**

### Law Changes that MUST be Observed during All Sessions

#### *No physical celebrations*

No goal celebrations are permitted which incorporates physical touching. First violation is a verbal warning. Second violation by the same team will result in a caution to the goal scorer. A

third violation will result in a dismissal by way of second caution. Therefore, this is a **3-strike rule**, with **one** “verbal warning”.

*Automatic Caution for Confrontations*

Automatic cautions for any players who are involved in face-to-face (but non-mass confrontation) interactions. Shoving, jostling, and fighting for space will result in a straight Yellow Card for Unsporting Behaviour. Serious physical altercations will result in an automatic red card. Mass confrontations will result in automatic dismissals for all involved.

Match Officials should stay away and allow the emotional situation to de-escalate before engaging from a safe distance.

*Zero Tolerance for Coughing, Sneezing and/or Spitting Towards Others (whether directed or not)*

There will be zero tolerance for mocking, mimicking, exhibiting COVID-19 symptoms towards another individual. May include intentionally coughing, sneezing or spitting towards another player, whether real or not. Coughing, sneezing or spitting towards another person, whether it be a player, referee, or team official, will result in an automatic dismissal and red card for serious foul play – egregiously endangering the safety of an opponent.

*Law Change –Pinnie Requirement Relaxed*

Match Officials will allow substitutes to wear non-clashing colours (to the players on the field of play). They are not required to be official pinnies.

If you have any questions or concerns, please contact Club Head Referee, Andy Murty, at [amurty@burlingtonsoccer.com](mailto:amurty@burlingtonsoccer.com) | 905 220 2687