



ONTARIO PLAYER DEVELOPMENT LEAGUE (OPDL) U13 PROGRAM OUTLINE (2026/27 SEASON)

This program outline contains relevant information regarding the program, registration process, and other items for families that are joining the Burlington Soccer Club (BSC) OPDL Program.

COMMITMENT

The OPDL program runs from October 15, 2026 to October 31, 2027

PROGRAM INCLUSIONS

- Up to four (4) training sessions per week
- Access to state-of-the-art soccer facilities
- Strength & Conditioning with certified professional coaches
- Speed training with certified professional coaches
- Full Custom Adidas Kit
- Player specific Data Analysis
- Season Sport Science Workshops
- Specialized Goalkeeper Training
- One Tournament entries
- Indoor League fee covered
- Access to on-site physiotherapists at training sessions and games

DYNAMIC HEALTH & PERFORMANCE

Dynamic Health and Performance is BSC's sport's medicine partner. Their state-of-the-art facility, coupled with their integrative approach to healthcare, ensures from the pitch to the rehab facility, they are receiving the best treatment possible.

SPEED, AGILITY & STRENGTH TRAINING BY ANDRA NEPTUNE

As a former USports standout and current OPL player, Andra Neptune understands the unique needs of athletes at every level. His experience as a high-performance athlete, combined with his chiropractic education and experience as an Athletic Therapist with Ontario Soccer, provides him with a well-rounded and insightful understanding of the athlete—both on and off the field.

DATA & VIDEO ANALYSIS

Hudl Assist+ is BSC's analysis partner. Their unique algorithms and approach to data will provide our Bayhawks and team insights into their games to enhance their performance and better understand their opportunities. Hudl also includes a premier College recruitment portal.

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UNIFORMS



*Player Kit



*Goalkeeper Kit

Your club fee covers your Adidas kits, which includes home, away, training, track suit, bag, hoodie. Additional items can be purchased at an additional cost through our apparel partner [SoccerWorld](#)

SEASON BREAKDOWN

Fall (Nov 1 – Dec 18)	Winter (Jan 4 – March 31)	Summer (April 1 – October 1)
2 × Outdoor training session 1 × Futsal Session 1 × S&C 1 × Weekend League Match	2 × Dome (½ field) 1 × Futsal Session 1 × S&C 1 × Weekend League Match	3 × Outdoor Training 1 × S&C 1 × League Match

REGISTRATION

To secure your spot on the team, you must complete and return the signed OPDL Commitment letter and complete the checkout process in your PowerUp Sports account. Players have 72 - 96 hours from the time the contract is issued to accept your invitation to be a Bayhawk and finalize your agreement.

PROGRAM FEE

Registration is completed through your PowerUp Sports account and program registration is not completed until the first deposit (due on signing) is paid. Members are welcome to pay with Visa, MasterCard, or AMEX (online/in-person) or debit/cash in office. Registration fees can be paid upfront or via installment.

One Payment	OR	Due Upon Signing	3 Installments
Date of Signing		Date of Signing	Nov 15 Dec 15 Feb 15
\$6,225		\$1,725	\$1,500 \$1,500 \$1,500

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**Payment plan extensions are only offered upon approval from the Program Manager*

Program fees are mandatory and **NON refundable**

**Failure to meet the payment requirements will result in immediate suspension from the program until the account is brought up to date*

The installment plan requires a credit card on file as this will be automatically charged on the dates outlined above. The club accepts Visa, MasterCard, or AMEX without additional fees to our members. Financial assistance can be found on burlingtonsoccer.com or [here](#).

ADDITIONAL TEAM FEES

The Club fees listed herein do not include expenses such as tournaments, showcases, Veo Camera, team events, exhibition games, additional team equipment, coach expenses, travel, etc.